

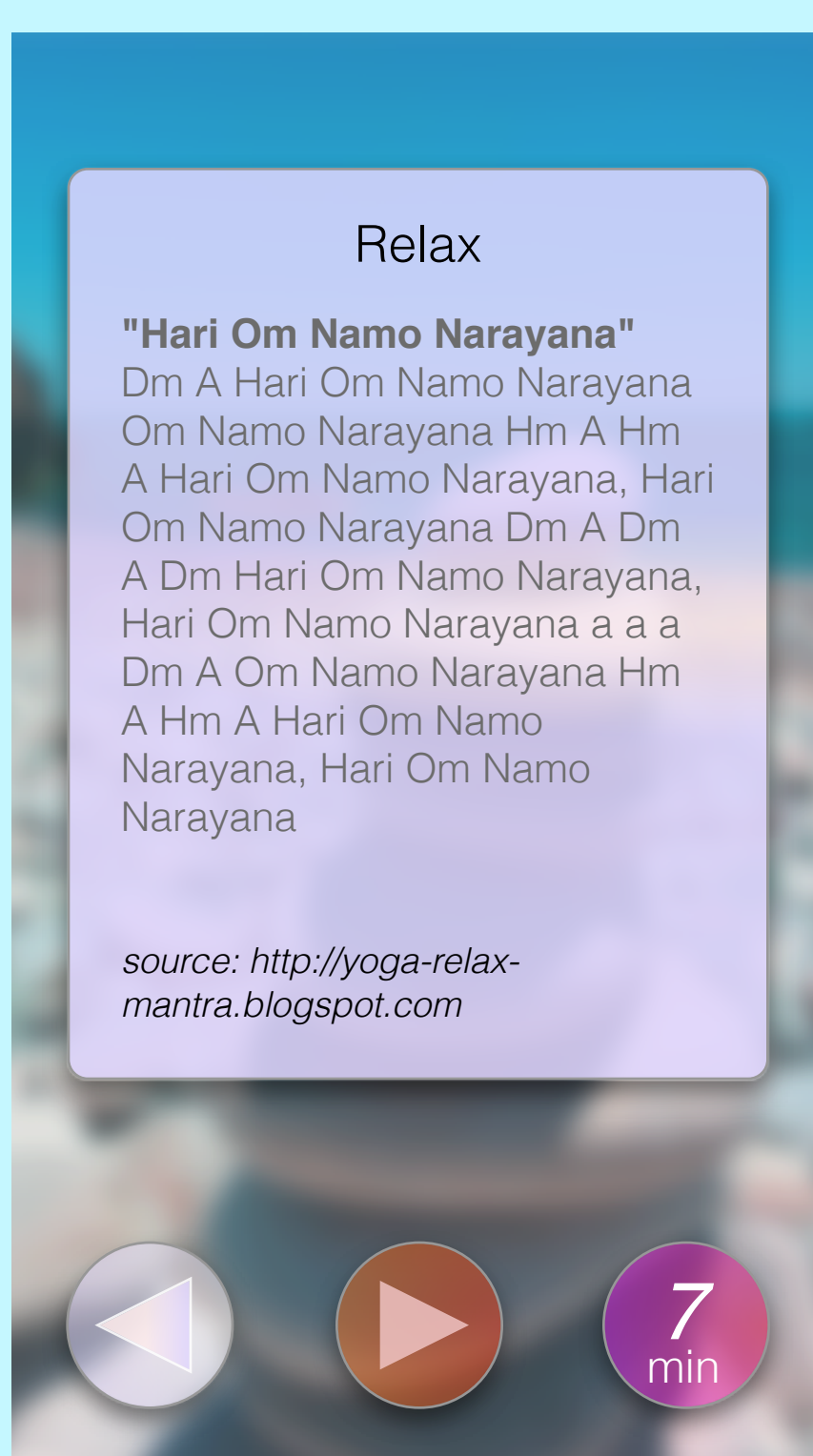
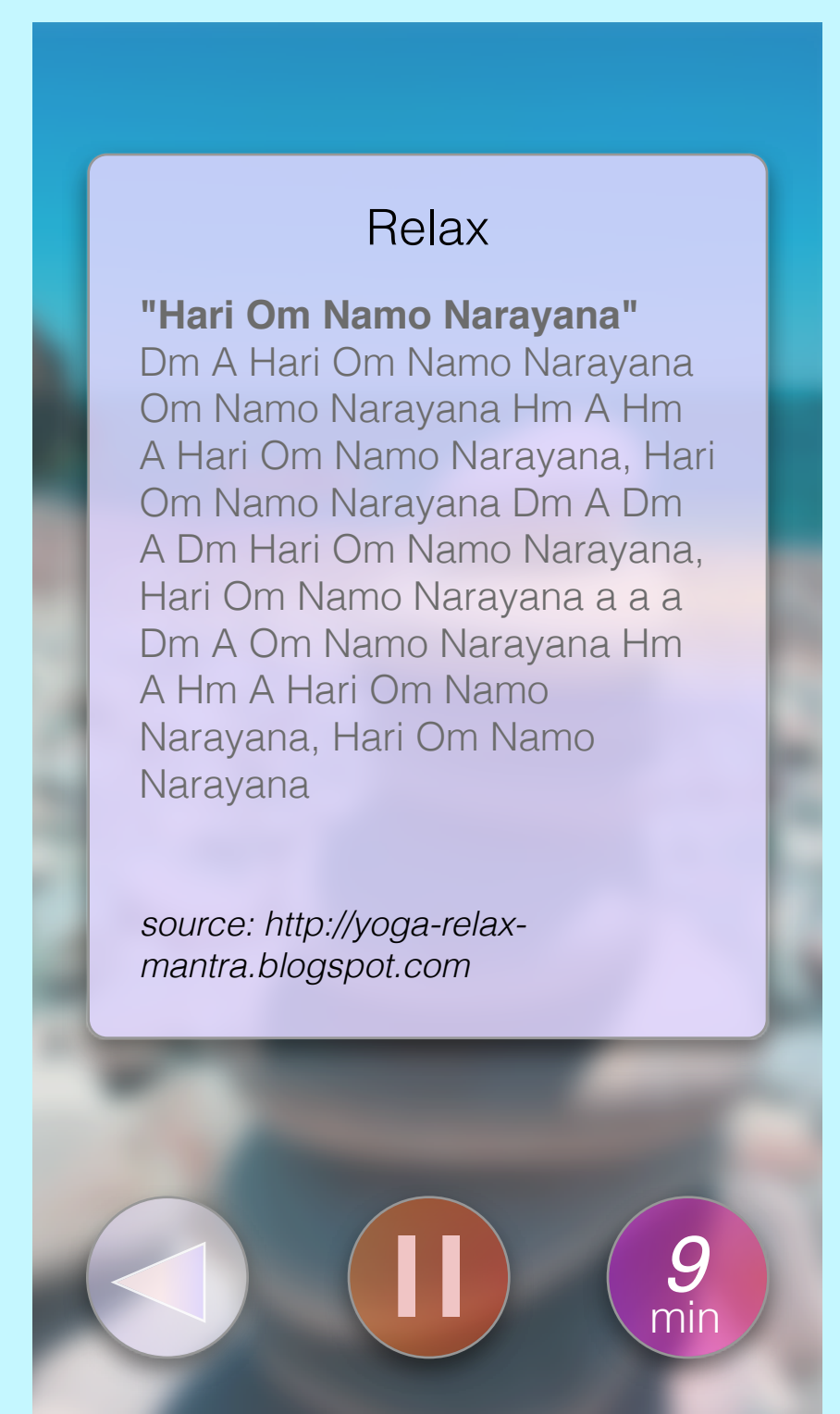
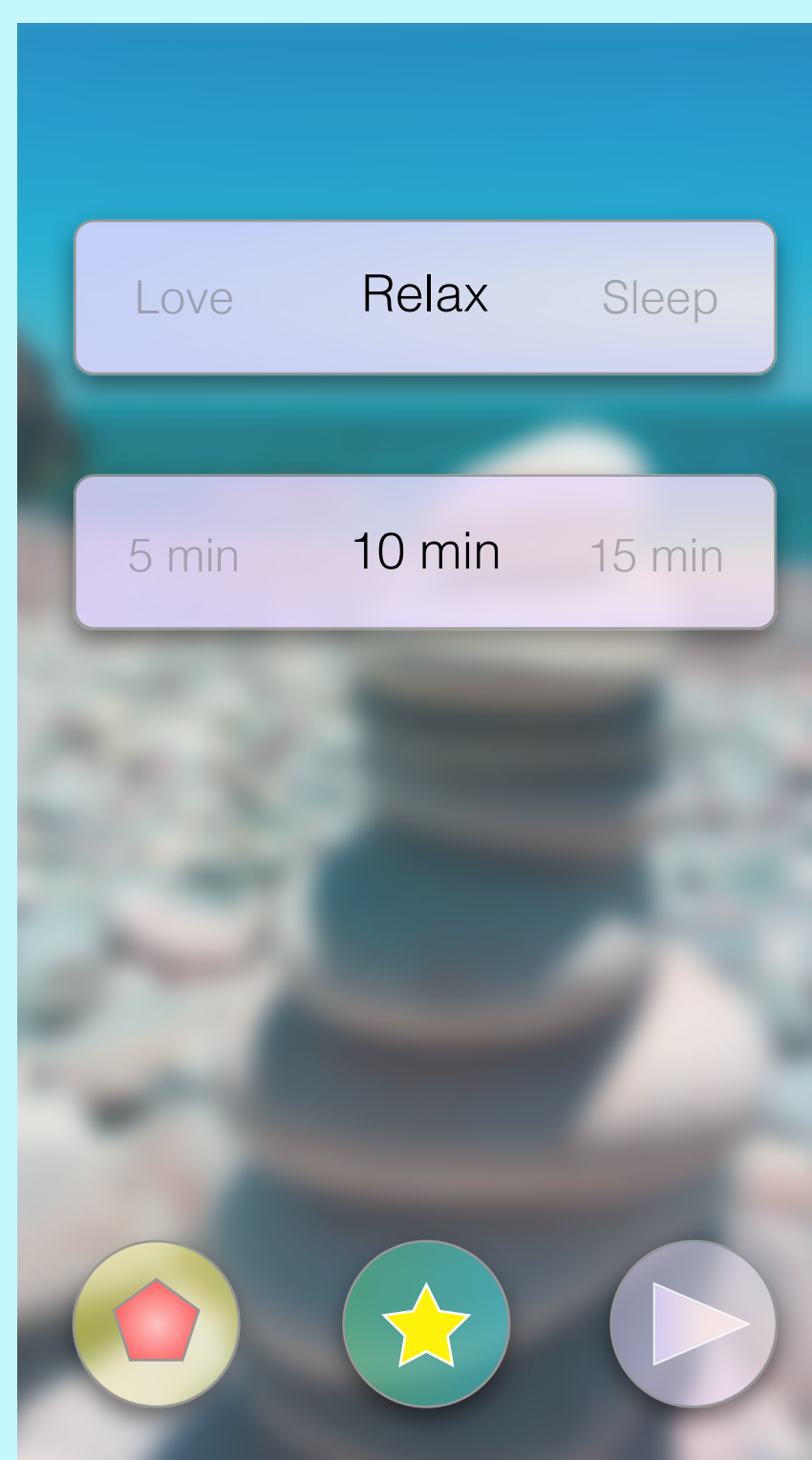
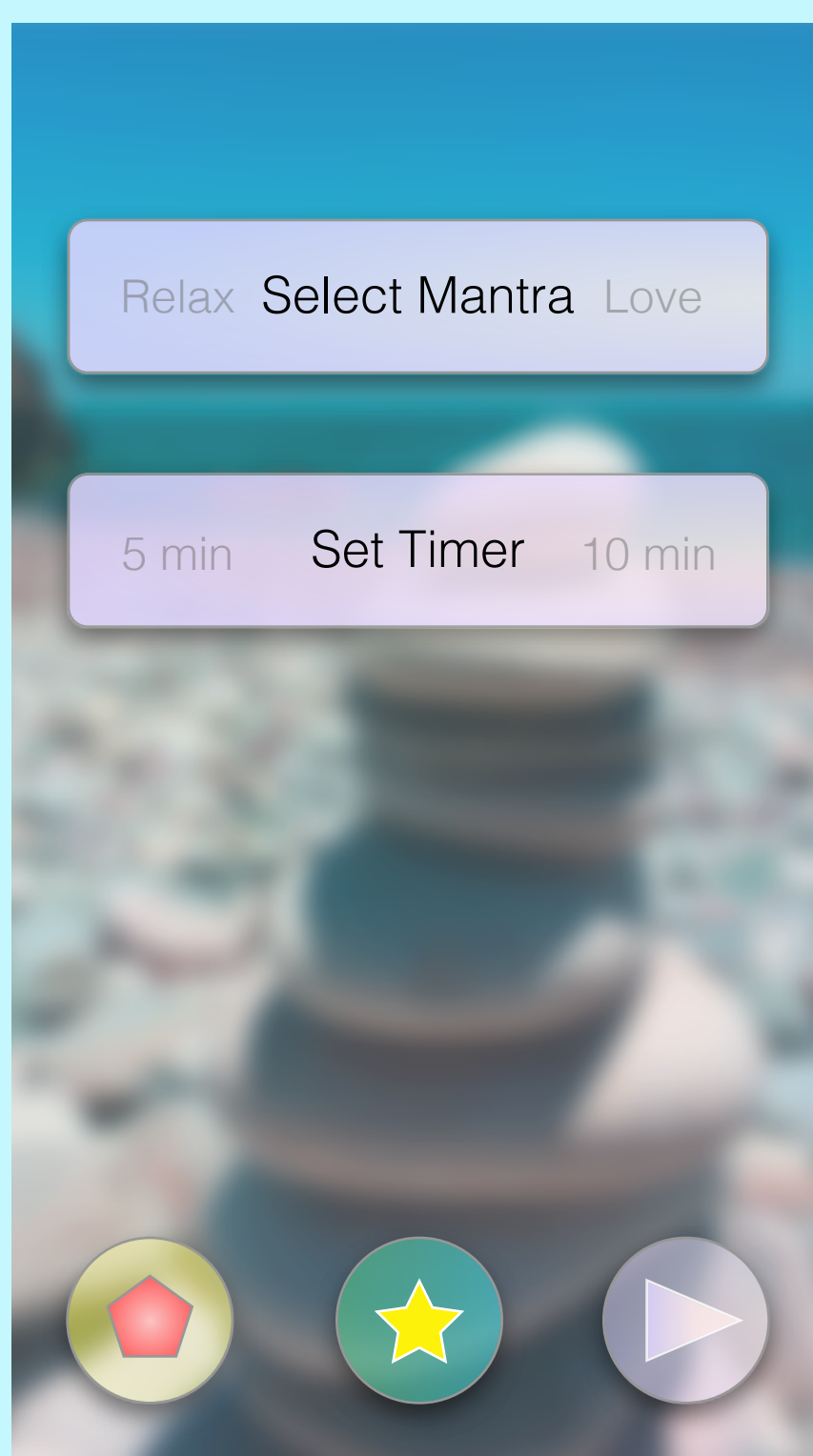
Mantra and Meditation

July 2016

Daniil Gannota

Mantra and Meditation Application.

You are able to select the type of meditation you are willing to do, for instance, “Relax” or “Love” options **(Page 1)**. After that **(Page 1.5)** you select the time frame and launch the meditation by tapping on the button that is most to the left at the bottom of the screen.

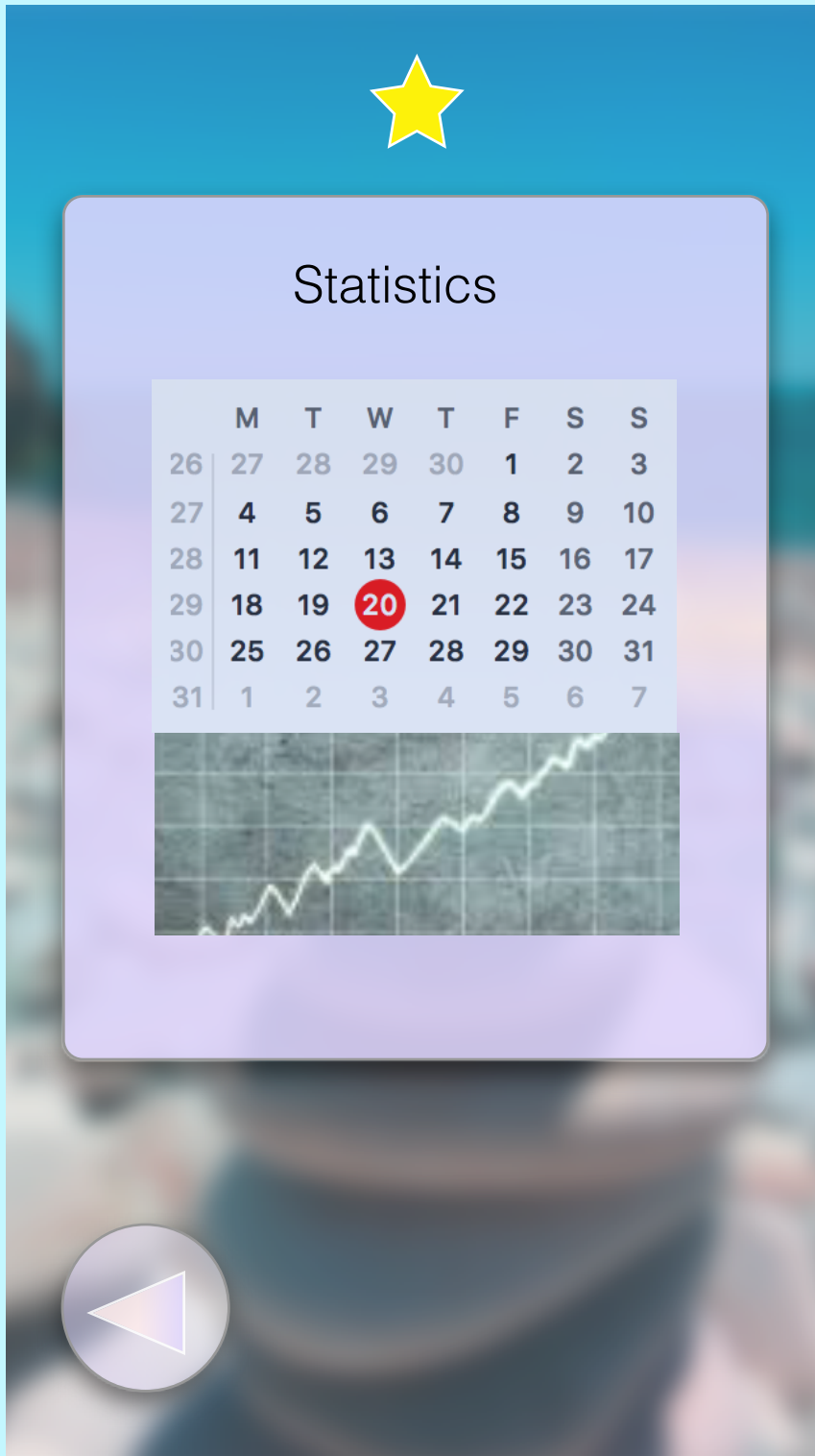


During meditation, depending on the selected type, there will be relevant mantra playing the sound and text displayed allowing users to remember the words to perform mantra themselves. At any stage, you are able to pause **(Page 2)**/resume **(Page 2.5)** and come back to the home screen. The time remaining for your meditation is displayed at the bottom-left.

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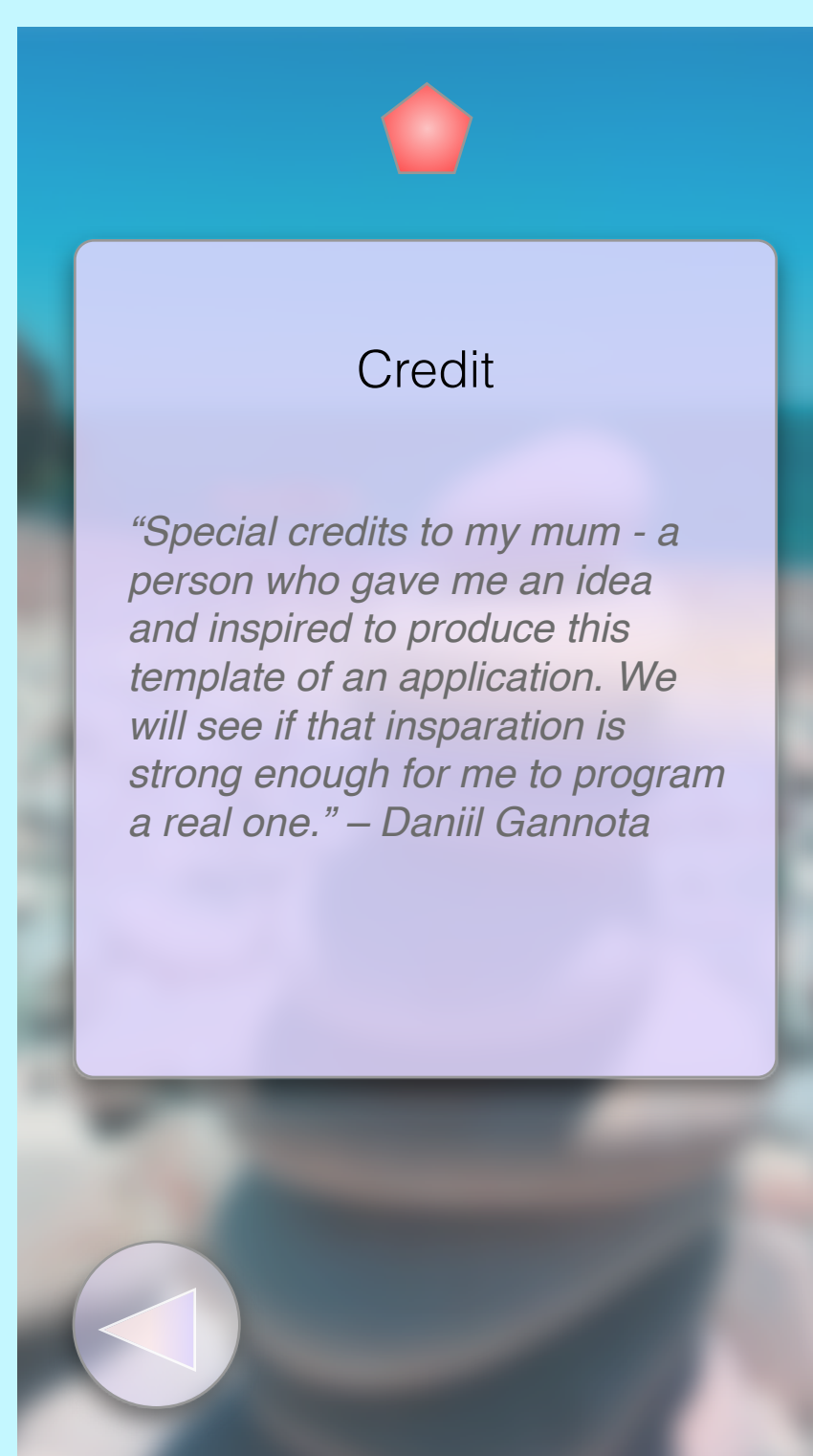
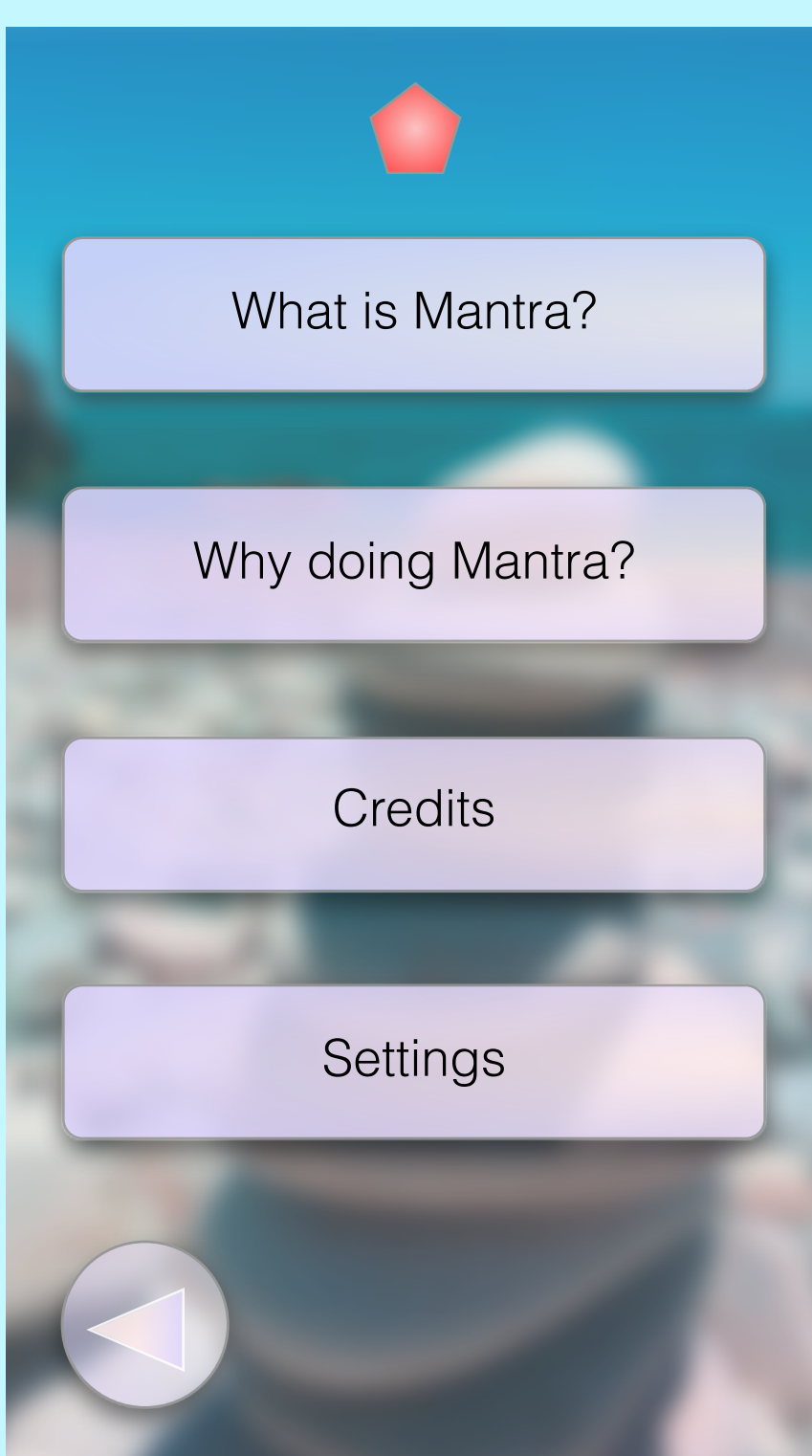
Daniil Gannota



It is also allowed to collect statistics **(Page 4)** about days/total time that has been meditated. Potentially, you can access preferred type and time frame as well as possible notifications in order to remind about coming meditation.

Going to setting **(Page 3.5)** will enable to set your preferred type, time frame and scheduled notifications. Additionally, it includes relevant information about meditation and mantra.

Credits **(Page 3.5)** are showing information about the one person that inspired the creation of the application.





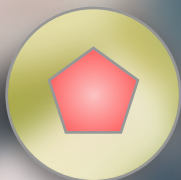
Statistics

	M	T	W	T	F	S	S
26	27	28	29	30	1	2	3
27	4	5	6	7	8	9	10
28	11	12	13	14	15	16	17
29	18	19	20	21	22	23	24
30	25	26	27	28	29	30	31
31	1	2	3	4	5	6	7



Relax Select Mantra Love

5 min Set Timer 10 min



Love

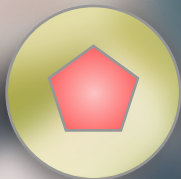
Relax

Sleep

5 min

10 min

15 min



Relax

"Hari Om Namo Narayana"

Dm A Hari Om Namo Narayana
Om Namo Narayana Hm A Hm
A Hari Om Namo Narayana, Hari
Om Namo Narayana Dm A Dm
A Dm Hari Om Namo Narayana,
Hari Om Namo Narayana a a a
Dm A Om Namo Narayana Hm
A Hm A Hari Om Namo
Narayana, Hari Om Namo
Narayana

source: <http://yoga-relax-mantra.blogspot.com>



Relax

"Hari Om Namō Narayana"

Dm A Hari Om Namō Narayana
Om Namō Narayana Hm A Hm
A Hari Om Namō Narayana, Hari
Om Namō Narayana Dm A Dm
A Dm Hari Om Namō Narayana,
Hari Om Namō Narayana a a a
Dm A Om Namō Narayana Hm
A Hm A Hari Om Namō
Narayana, Hari Om Namō
Narayana

source: <http://yoga-relax-mantra.blogspot.com>



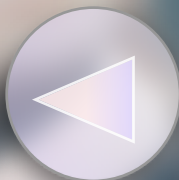


What is Mantra?

Why doing Mantra?

Credits

Settings





Credit

“Special credits to my mum - a person who gave me an idea and inspired to produce this template of an application. We will see if that insparation is strong enough for me to program a real one.” – Daniil Gannota

